

## Off-site (List of Activities)

1	Bowling	Outdoor Bowling at open ground	
2	Blind Volleyball	Sitting Volleyball with curtain in place of net, Throwing & catching	
3	Glass Game	Blind folded walking, Crossing hurdles of Glasses, with instructions from team mate.	
4	Walking Relay - 50 m	Fast walking race	
5	Pipe Game	Passing ball through pipes	